

Culinary and Community Nutrition Major

Nutrition & Dietetics Major

Recommended Course Sequencing

All students start using iDeclare and choose the Culinary & Community Nutrition major

SEMESTER 1

CHE 114-115 Essentials of General Chemistry
 BIO 181 Anatomy & Physiology I
 MAT 132 Introduction to Statistics
 DFN 215 Introduction to Nutrition

SEMESTER 2

CHE 120-121 Essentials of Organic Chemistry
 BIO 182 Anatomy & Physiology II
 DFN 200 ServSafe Certification
 DFN 248 Nutrition in Healthcare

Culinary & Community Nutrition Major

Who: Students who want a career in culinary nutrition, food service, community nutrition, or public health. Masters Degree optional. Option to become a Certified Dietary Manager (CDM).

Requirements: GPA of at least 2.5.

How: You're already in!

SEMESTER 3

DFN 221 Social & Cultural Determinants of Health
 DFN 250-290 Lab Topic #1
 DFN 321 Food Science & Microbiology

SEMESTER 4

DFN 340 Community Nutrition & Food Justice
 DFN 341 Nutrition Throughout the Life Cycle
 DFN 369 Research Methods in Nutrition
 DFN 430 Management of Food & Nutrition Services

SEMESTER 5

DFN 250-290 Lab topic #2
 DFN 347 Introduction to Diet Therapy
 DFN 437 Nutrition Education & Counseling
 DFN 435 Community Engagement & Leadership in Food and Nutrition

SEMESTER 6

DFN 441 Seminar in Professional Practice
 DFN 447 Advanced Community Nutrition
 DFN 469 Critical Issues in Food & Nutrition
 OR
 DFN 472 Field Experience in Food & Nutrition

Nutrition & Dietetics Major

Who: Students who want to get a Masters Degree, complete a Dietetic Internship, and become a Registered Dietitian Nutritionist (RDN).

Requirements: GPA of at least 3.3; Earn a B- or better in DFN 248.

How: Complete the DPD application and meet with DPD Director.

SEMESTER 3

PSY 166 Introduction to Psychology
 DFN 221 Social & Cultural Determinants of Health
 DFN 250-290 Lab Topic#1
 DFN 321 Food Science & Microbiology

SEMESTER 4

DFN 340 Community Nutrition & Food Justice
 DFN 341 Nutrition Throughout the Life Cycle
 DFN 369 Research Methods in Nutrition
 DFN 430 Management of Food & Nutrition Services

SEMESTER 5

DFN 250-290 Lab Topic#2
 DFN 348 Nutrition in the Management of Disease
 DFN 437 Nutrition Education & Counseling
 DFN 441 Seminar in Professional Practice

SEMESTER 6

DFN 445 Nutritional Biochemistry
 DFN 448 Nutrition in the Management of Disease II
 DFN 471 Field Experience in Clinical Nutrition