

# Dietetics and Nutrition Major; Culinary and Community

## Nutrition Major: Recommended Course Sequencing

### SEMESTER 1

CHE 114-115 Essentials of General Chemistry  
 BIO 181 Anatomy & Physiology I  
 MA 132 Introduction to Statistics  
 DFN 215 Introduction to Nutrition

### SEMESTER 2

BIO 182 Anatomy & Physiology II  
 CHE 120-121 Essentials of Organic Chemistry  
 DFN 200 ServSafe Certification  
 DFN 248 Nutrition in Healthcare

### CULINARY & COMMUNITY NUTRITION Major

**Who:** students who want a career in culinary nutrition, food service, community nutrition, or public health. Masters Degree optional. Option to become a Certified Dietary Manager (CDM).

**Requirements:** GPA of at least 2.5

**How:** you're already In!

### NUTRITION & DIETETICS Major

**Who:** students who want to get a Masters Degree, complete a Dietetic Internship, and become a Registered Dietitian Nutritionist (RDN).

**Requirements:** GPA of at least 3.3; Earn a B- or better in DFN 248

**How:** Complete the DPD application

### SEMESTER 3

DFN 221 Social & Cultural Determinants of Health  
 DFN 250-290 Lab topic #1  
 DFN 321 Food Science & Microbiology

PSY 166 Introduction to Psychology  
 DFN 221 Social & Cultural Determinants of Health  
 DFN 250-290 Lab topic #1  
 DFN 321 Food Science & Microbiology

### SEMESTER 4

DFN 340 Community Nutrition & Food Justice  
 DFN 341 Nutrition Throughout the Life Cycle  
 DFN 369 Research Methods In Nutrition  
 DFN 430 Management of Food & Nutrition Services

DFN 340 Community Nutrition & Food Justice  
 DFN 341 Nutrition Throughout the Life Cycle  
 DFN 369 Research Methods In Nutrition  
 DFN 430 Management of Food & Nutrition Services

### SEMESTER 5

DFN 250-290 Lab topic #2  
 DFN 347 Introduction to Diet Therapy  
 DFN 437 Nutrition Education & Counseling  
 DFN 435 Community Engagement & Leadership in Foods & Nutrition

DFN 250-290 Lab topic #2  
 DFN 348 Nutrition in the Management of Disease  
 DFN 437 Nutrition Education & Counseling  
 DFN 441 Seminar in Professional Practice

### SEMESTER 6

DFN 441 Seminar in Professional Practice  
 DFN 447 Advanced Community Nutrition  
 DFN 469 Critical Issues In Food & Nutrition  
 OR  
 DFN 472 Field Experience In Food & Nutrition

DFN 445 Nutritional Biochemistry  
 DFN 448 Nutrition in the Management of Disease II  
 DFN 471 Field Experience In Clinical Nutrition