

Bronx Telehealth Counseling Center Client Referral Resources

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| Type of Referral | Resource | Contact Information |
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|  Crisis & Emergency Services | National Suicide Prevention Lifeline | 24/7 free, confidential support in English & Spanish <ul style="list-style-type: none">  Call or Text: 988  988lifeline.org |
| | NYC Well | Mental Health Crisis <ul style="list-style-type: none">  Call: 1-888-NYC-WELL (1-888-692-9355)  Text: “WELL” to 65173  nyc.gov/nycwell |
| | St. Barnabas Hospital | Psychiatric ER <ul style="list-style-type: none">  4422 Third Ave, Bronx, NY 10457  Call: 718-960-9000 |
| | Lincoln Hospital | Psychiatric ER <ul style="list-style-type: none">  234 E 149th St, Bronx, NY 10451  Main Line: 718-579-5000  Psych ER Direct: 718-579-8096 |
|  Mental Health & Substance Use Support | New York Psychotherapy & Counseling Center | Counseling & mental health in Bronx, NY <ul style="list-style-type: none">  579 Courtlandt Ave, Bronx, NY 10451  (718) 908-8000 |
| | Open Path Collective | Low-Cost Therapy Options <ul style="list-style-type: none">  openpathcollective.org |
| | The Bridge | Comprehensive services for clients seeking to manage their mental health and/or substance use in NYC. <ul style="list-style-type: none">  Call: 718-681-6000  thebridgeny.org |
| | The Montefiore Einstein | Department of Psychiatry & Behavioral Sciences <ul style="list-style-type: none">  111 E. 210th St, Bronx  Call: 718-920-4321 |
| | NYC Narcotics Anonymous (NA) | Offers meetings both virtual and in person <ul style="list-style-type: none">  Hotline: 212-929-6262  https://newyorkna.org/ |

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|  Domestic Violence & Abuse Support | NYC Domestic Violence Hotline NYC 24-Hour Domestic Violence Hotline <ul style="list-style-type: none"> •  Call: 1-800-621-HOPE (4673) |
| | NYC Family Justice Center (Bronx) Supports survivors of domestic and gender-based violence <ul style="list-style-type: none"> •  198 E. 161st St, Bronx •  Call: 718-508-1220 |
| | Adult Protective Services (Bronx) APS works to help adult at-risk clients live safely in their homes <ul style="list-style-type: none"> •  Call: 929-252-8500 •  nyc.gov/site/hra/help/adult-protective-services.page |
|  Housing & Food Access | Food Bank For NYC (Bronx Distribution) Food Bank For New York City <ul style="list-style-type: none"> •  Call: 212-566-7855 •  www.foodbanknyc.org |
| | City Relief Bronx location has: Soup, bread, beverages, socks, hygiene kits, prayer, & Life Care Visits (i.e.: one-on-one referrals to resources.) <ul style="list-style-type: none"> •  Brooke Ave (between 147th & 148th), Bronx •  Call: 718-508-1220 •  Saturdays, 11am-1pm |
| | BronxWorks Adult and Family Homeless Services <ul style="list-style-type: none"> •  Call: 718-993-7100 •  bronxworks.org |
| | Partnership for the Homeless Housing and Crisis Assistance <ul style="list-style-type: none"> •  Call: 212-645-3444  partnershipforthehomeless.org |
|  Medical & Disability Services | NYC Health + Hospitals Offers quality, affordable care in every New York City neighborhood <ul style="list-style-type: none"> •  Call: 1-844-NYC-4NYC •  nychealthandhospitals.org |
| | Institute for Family Health (Bronx) Primary medical care, behavioral health, dental care for children and adults of all ages. <ul style="list-style-type: none"> •  718-405-3070 •  institute.org |

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| | Bronx Aids Services | HIV/AIDS care, PrEP, and support services on sliding scale <ul style="list-style-type: none"> • 📞 718.295.BOOM • 🌐 boomhealth.org |
| | NYC Mayor’s Office for People with Disabilities (Bronx Liaison) | Free disability ID cards, transportation passes, accessibility advocacy, and more <ul style="list-style-type: none"> • 📞 212-788-2830 • 🌐 nyc.gov/mopd |
| | Center for Independence of the Disabled, NY - Bronx Office | Helps with SSI/SSDI applications, accessible housing, and job training. <ul style="list-style-type: none"> • 📞 646-442-1520 • 📍 1200 Waters Place, Suite 106 • 🌐 cidny.org/ |
| | YAI | Provides more than 300 programs and services for children and adults with disabilities in NYC <ul style="list-style-type: none"> • 📞 212.273.6100 • 🌐 yai.org |
|  <p>LGBTQ+ & Marginalized Community Support</p> | Callen-Lorde Bronx Health Center | Offers affirming primary and sexual health care, behavioral health assessments and referrals <ul style="list-style-type: none"> • 📞 (718) 933-1750 • 📍 3144 3rd Ave, Bronx • 🌐 callen-lorde.org/bronx |
| | The Bronx LGBTQ Center | Advocates for LGBTQIA+ Interests; educating, empowering; and providing social support <ul style="list-style-type: none"> • 📞 (718) 808-1365 • 📍 1475 Westchester Ave, Bronx • 🌐 pridecentersi.org |
| | Make the Road NY (Bronx) | Provides resources and access to various services for immigrant and working-class communities <ul style="list-style-type: none"> • 📞 (718) 565-8500 • 📍 910 Prospect Ave, Bronx • 🌐 maketheroadny.org |
| | Ali Forney Center (Citywide, Bronx Housing) | Provides medical & social services for POC, undocumented, trans youth <ul style="list-style-type: none"> • 📞 (212) 222-3427 (24/7 hotline) • 🌐 aliforneycenter.org |
|  | The Children’s Village (Bronx) | Provides foster care, family support, mental health services, and transitional housing for at-risk youth and families. |

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| Child, Youth & Family Services | | <ul style="list-style-type: none"> • 📞 718-220-4700 • 📍 400 E. Fordham Road, Bronx • 🌐 childrensvillage.org |
| | Good Shepherd Services (Bronx) | Provides 100+ programs for youth and families throughout New York City <ul style="list-style-type: none"> • 📞 212-243-7070 • 🌐 goodshepherds.org |
| | Children’s Aid | Supports children, youth, and their families in targeted high-needs New York City neighborhoods <ul style="list-style-type: none"> • 📞 212.949.4800 • 🌐 childrensaidnyc.org |
| | New York City Department of Youth and Community Development | Offers engaging high-quality programs for young people in all five boroughs of New York City <ul style="list-style-type: none"> • 📞 800-246-4646 • 🌐 nyc.gov/site/dycd/about/about-dycd/about-dycd.page |
|  Veterans & Military Families | Bronx VA Medical Center | Provides free medical/mental healthcare, addiction treatment, and housing assistance for veterans. <ul style="list-style-type: none"> • 📍 130 West Kingsbridge Road • Bronx • 📞 Call: 800-877-6976 • 🌐 va.gov/bronx-health-care/ |
| | NYC Department of Veterans' Services (Bronx Office) | Helps veterans access benefits, employment, and family support <ul style="list-style-type: none"> • 📞 *212-416-5250* • 📍 2471 Morris Ave, Suite 1X, Bronx • 🌐 nyc.gov/vets |
| | Black Veterans for Social Justice (BVSJ - Bronx Outreach) | Specializes in housing, PTSD counseling, and advocacy for Black/Latino veterans <ul style="list-style-type: none"> • 📞 718-852-6004 • 🌐 bvsj.org |
|  Legal & Financial Assistance | Bronx Legal Services | Free civil legal assistance for low-income residents. <ul style="list-style-type: none"> • 📞 718-928-3700 • 🌐 legalservicesnyc.org |
| | NYC ACCESS HRA (Benefits) | Apply for SNAP, cash assistance, Medicaid. <ul style="list-style-type: none"> • 📞 Call: 718-557-1399 (Bronx office) |

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| | | <ul style="list-style-type: none"> •  nyc.gov/site/hra/index.page |
| | Neighborhood Trust Financial Partners | <p>Provides free financial coaching, credit repair, and tax preparation to help Bronx residents build economic stability</p> <ul style="list-style-type: none"> •  (212) 740-0220 •  neighborhoodtrust.org |
| | NYC Financial Empowerment Centers | <p>Free one-on-one financial counseling (debt reduction, budgeting, and banking access) for all NYC residents, regardless of income.</p> <ul style="list-style-type: none"> •  (212) 925-4929 •  access.nyc.gov/programs/nyc-financial-empowerment-centers/#how-to-apply |
|  Grief & Trauma Support | MJHS Hospice Bereavement Services | <p>Free grief counseling and support groups (virtual/in-person) for all ages, including child-specific programs.</p> <ul style="list-style-type: none"> •  1-800-260-2342 (24/7) •  mjhs.org |
| | NYC Crisis Counseling Program (via NYC Well) | <p>Free post-disaster mental health support (floods, fires, community violence).</p> <ul style="list-style-type: none"> •  1-888-NYC-WELL (692-9355) •  nyc.gov/nycwell |
|  Employment & Education | BronxWorks Workforce Development | <p>Free job training (construction, healthcare, IT), resume workshops, and employer partnerships for Bronx residents 18+.</p> <ul style="list-style-type: none"> •  (718) 402-1212 •  60 E Tremont Ave, Bronx •  bronxworks.org/services/workforce |
| | Hot Bread Kitchen (HBK) - Culinary Career Training | <p>Offers free culinary training and job placement for underserved Bronx residents.</p> <ul style="list-style-type: none"> •  75 Port Morris, Bronx, NY •  (646) 863-9444 •  info@hotbreadkitchen.org •  hotbreadkitchen.org |
| | The Lehman College Adult Learning Center (ALC) | <p>Adult education programs</p> <ul style="list-style-type: none"> •  250 Bedford Park Blvd. West Bronx, New York •  718-960-8807 •  info.alc@lehman.cuny.edu |

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| | |  lehman.edu/academics/education/institute-for-literacy-studies/Programs/alc/ |
| | <p>Mercy Center Bronx (Women-Focused)</p> | <p>Women-focused education with free GED classes, childcare, and career support in a safe, holistic environment</p> <ul style="list-style-type: none"> •  (718) 993-2789 •  377 E 145th St, Bronx •  mercycenterbronx.org |