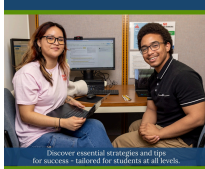


# Strategies for Success

## Workshop Series



LEHMAN COLLEGE  
**Lehman**  
Tutoring  
Center  
**Science**  
Learning  
Center



Discover essential strategies and tips for success - tailored for students at all levels.

### 8 Keys to Academic Success

Wed, September 3 @ 6:30 PM - 7 PM  
Sun, September 7 @ 6:30 PM - 7 PM  
<https://tinyurl.com/AcademicSuccessF25>

Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>  
Contact Us: 718-460-8175 | [issp.program@lehman.cuny.edu](mailto:issp.program@lehman.cuny.edu)

## 8 KEYS TO ACADEMIC SUCCESS

Come and learn effective study habits that are key to a successful college career.

Wednesday, September 3rd @ 6 PM - 7:30 PM  
Sunday, September 7th @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/AcademicSuccessF25>



Learn to manage your time effectively and achieve your goals by boosting your productivity and efficiency.

### Time Management

Wed, October 8 @ 6:30 PM - 7 PM  
Sun, October 12 @ 6:30 PM - 7 PM  
<https://tinyurl.com/TimeManagementF25>

Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>

## TIME MANAGEMENT & GOAL SETTING

Join us to learn effective techniques for setting goals and managing time effectively.

Wednesday, September 17th @ 6 PM - 7:30 PM  
Sunday, September 21st @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/TimeManagementF25>



Enhance your study skills and optimize learning techniques to improve your academic performance.

### Study Strategies

Wed, October 8 @ 6:30 PM - 7 PM  
Sun, October 12 @ 6:30 PM - 7 PM  
<https://tinyurl.com/StudyStrategiesF25>

Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>  
Contact Us: 718-460-8175 | [issp.program@lehman.cuny.edu](mailto:issp.program@lehman.cuny.edu)

## STUDY STRATEGIES

Join us to learn effective study strategies that will help you learn, retain, and retrieve course information effectively.

Wednesday, October 8th @ 6 PM - 7:30 PM  
Sunday, October 12th @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/StudyStrategiesF25>



Learn effective techniques for optimizing your interactions and engaging more successfully with your instructors.

### Communicating Effectively with your Professors

Wed, October 15 @ 6:30 PM - 7 PM  
Sun, October 19 @ 6:30 PM - 7 PM  
<https://tinyurl.com/CommunicationSkillsF25>

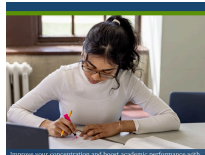
Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>  
Contact Us: 718-460-8175 | [issp.program@lehman.cuny.edu](mailto:issp.program@lehman.cuny.edu)

## HOW TO EFFECTIVELY COMMUNICATE WITH YOUR PROFESSORS

Effective communication skills are essential for a prosperous academic career. Join us and we will help you learn to communicate in a professional, proactive and effective manner with your professors.

Wednesday, October 15th @ 6 PM - 7:30 PM  
Sunday, October 19th @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/CommunicationSkillsF25>



Improve your concentration and boost academic performance with enhanced methods for refocusing focus and optimizing study efficiency.

### Concentration

Wed, October 22 @ 6:30 PM - 7 PM  
Sun, October 26 @ 6:30 PM - 7 PM  
<https://tinyurl.com/ConcentrationF25>

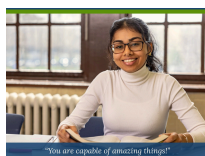
Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>  
Contact Us: 718-460-8175 | [issp.program@lehman.cuny.edu](mailto:issp.program@lehman.cuny.edu)

## CONCENTRATION

Being able to concentrate is critical for learning and studying. Join us to learn effective techniques to improve your concentration.

Wednesday, October 22nd @ 6 PM - 7:30 PM  
Sunday, October 26th @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/ConcentrationF25>



"You are capable of amazing things!"

### Motivation

Wed, November 5 @ 6:30 PM - 7 PM  
Sun, November 9 @ 6:30 PM - 7 PM  
<https://tinyurl.com/MotivationF25>

Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>

## MOTIVATION

Motivated learners thrive on accomplishment. Join us and you will be amazed at how much you can accomplish!!

Wednesday, November 5th @ 6 PM - 7:30 PM  
Sunday, November 9th @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/MotivationF25>



Master final exam preparation by learning effective strategies for organized study, stress management, and maximized performance.

### Preparing for Finals

Wed, November 19 @ 6:30 PM - 7 PM  
Sun, November 23 @ 6:30 PM - 7 PM  
<https://tinyurl.com/FinalsF25>

Visit us in our Virtual Center: <https://tinyurl.com/VirtualILTC>  
Contact Us: 718-460-8175 | [issp.program@lehman.cuny.edu](mailto:issp.program@lehman.cuny.edu)

## PREPARING FOR FINALS

Come and learn the 5 key study strategies you need to create a successful plan for finals!

Wednesday, November 19th @ 6 PM - 7:30 PM  
Sunday, November 23rd @ 6 PM - 7:30 PM

Register in advance:  
<https://tinyurl.com/FinalsF25>

