9 Ways to Get the Most Out of Your Tutoring Sessions

1. Read carefully all relevant assigned textbook chapters and readings, and the assignment from your professor, before coming to your tutoring session.

2. Come to the session prepared with questions.
- Before your session, as you're studying, write a list of questions about what you don't understand in the reading, your notes from class, and/or assignments from your professor.

3. Ask questions of your tutor.
- Bring this list with you and ask your tutor your questions.

4. Plan your session.
- At the beginning of your session, talk with your tutor for a few minutes about what you and he or she will work on during your session.

5. Be sure you understand the concept or material you're working on with your tutor before moving forward to new material.
- Tell your tutor if you still don't understand something.
- Ask him or her questions or try to put into clear words what you don't understand.
- State your understanding to check it with your tutor before moving forward.

6. Make your assignment more interesting or relevant by connecting it with what you already know and your day-to-day life.
- Talk with your tutor about how textbook chapters and assignments relate to your thoughts and everyday, memorable experiences.
- Engage in dialogue with your tutor about relevant ideas and implications of your assignments that interest you.
- Ask your tutor how you can tie in what you already know to the work you're doing on your assignment.

7. Review.
- Before the end of the session, review the work you did with your tutor.

8. Plan ahead.
- If you are going to meet with your tutor again, before the session ends, talk with him or her about what you will work on next time.

9. Get to know your tutor.
- Once you find a tutor you work well with, if possible, set up a weekly appointment with that tutor.

All these actions will help you understand and remember course material much more easily!

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