



LEHMAN
COLLEGE

Women's &
Gender Studies

PROF. TAILISHA GONZALEZ

WOMEN'S & GENDER STUDIES SPRING 2025 LECTURE SERIES

“WOMEN WITH LONG WORK HOURS AND DIABETES MANAGEMENT”

APRIL 23, 2025

12:30 P.M. - 2:00 P.M.

RM CA 222

In the United States (U.S.), labor is often stratified by sex and this form of occupational segregation can contribute to health disparities. Certain work schedule characteristics, such as long work hours, can prevent proper management of chronic health conditions, including diabetes. In the present study, I examined the association between work hours and suboptimal diabetes management among U.S. workers, testing for differences by sex. I present novel findings specific to women workers, highlighting the importance of examining how and for whom work conditions hinder or support health.

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ZOOM INFORMATION
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