



WEBINAR SERIES

Nutrition and the Life Course

PART 1

December 3, 2025
12-1 p.m.

Join us as we contextualize common assumptions about diet and advanced age and offer alternative narratives that center the voices and experiences of older adults.

SPEAKERS



Evelyn Laureano, Ph.D., LMSW

CEO Neighborhood SHOPP, ret.
Adjunct Assistant Professor, Social Work

Congregate Meals in Older Adult Centers
in the Bronx: It's Not Just Food!

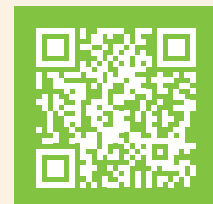


Kate Burt, Ph.D., R.D.

Associate Professor, Health Promotion
and Nutrition Sciences

The BMI Paradox: Challenging Ageism

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