



**Transfer Advising Worksheet – Pathways**  
**A.A.S. in Aging and Health Studies at Hostos Community College**  
**to B.S. in Recreation Education at Lehman College**

**Effective Date:** Fall 2023

**Hostos Community College:**

<b>Common Core</b>	
<i>Required Common Core – 9 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning (MAT 100 or Higher level Mathematics)	3
<i>Flexible Core – 17 credits</i>	
Choose the English elective from Creative Expression or US Experience in its Diversity: ENG English elective course above 200 Level OR One course in a Foreign Language	3
Individual & Society PSY 101 General Psychology and SOC 101 Intro to Sociology	6
Life & Physical Sciences BIO 110 Principles of Biology OR BIO 230 A&P I	4
Scientific World BIO 130 Plants & Society OR BIO 240 A&P II	4
<i>Total Common Core</i>	<b>26</b>
<b>Associate Degree Major Requirements Remaining as Advised</b>	
GERO 101 Introduction to Gerontology	3
GERO 102 Therapeutic Recreation in Long Term Care	3
GERO 103 Health & Aging	3
GERO 299 Fieldwork with Older Population	3
HLT 103 Interpersonal Relations and Teamwork	3
HLT 215 Nutrition	3
SW 101 Introduction to Social Work OR PPA 121 Social Service Administration	3
PSY 180 Psychology of Aging	3
BLS 150 Ethnicity Health and Illness OR <b>LAC 118 Caribbean Society &amp; Culture</b>	3
PED Elective	1
General Electives (Course that satisfies US Experience in its Diversity strongly recommended for optimal transfer)	6
<i>Total Associate Degree Major Credits</i>	<b>28</b>
<i>Total Program Credits</i>	<b>60</b>

**Lehman College:**

College Option	Credits
<b>Choose two of the following:</b> LEH 352 Studies in Literature LEH 353 Studies in the Arts LEH 354 Historical Studies LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	<b>6</b>
<b>Bachelor's Degree Major Requirements Remaining</b>	
<b>21 credits in Recreation Education:</b> REC 200 History and Philosophy of Recreation REC 210 Recreation Leadership REC 240 Inclusive Recreation Service REC 302 Administration of Recreation Service REC 360 Selected Topics in Recreation REC 387 Research and Evaluation in Recreation REC 422 Program Planning in Recreation	<b>21</b>
<b>12 Credits in One Concentration:</b> Either... Recreation Management: REH 330 – Management of Youth Serving Organizations REC 361 Outdoor Recreation and Sustainable Management REC 405 Facility Management in Recreation Service REC 410 Advanced Financial and Human Resource Management in Rec. Service Or... Exercise and Sport: EXS 264 Introduction to Exercise Science EXS 265 Behavioral Aspects of Physical Activity EXS 304 Coaching Youth and Team Sports EXS 424 Principles and Practices of Fitness and Wellness Programming	<b>12</b>
<del><b>6 credits Selected from:</b>                      REC, REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with Departmental approval (electives taken at HCC may fulfill this requirement)</del>	<del><b>0</b></del>
6 credits in Recreation Internship: REC 470 Recreation Education Internship	<b>6</b>
<b>Remaining credits in the Lehman major</b>	<b>39</b>
<b>General Electives</b>	
Students should consult with an advisor when choosing elective courses to ensure the 60-credit Liberal Arts requirement and any unmet gen eds are satisfied.	<b>15</b>
<b>Total Credits Earned at Lehman College</b>	<b>60</b>
<b>Total Credits Transferred from HCC</b>	<b>60</b>
<b>Total credits Required for Bachelor's degree at Lehman College</b>	<b>120</b>

**\* BS to MS Dual Credit Opportunity**

Undergraduate students majoring in Recreation Education with 90 or more credits and a minimum of a (3.0) cumulative index and (3.0) index in the major may be permitted to enroll in up to 12 credits of graduate coursework for the College's M.S.Ed. in Recreation Education Option A: Recreation and Park Administration. The following graduate courses may be taken in place of these undergraduate courses: REC 702 (in place of REC 422), REC 706 (in place of REC 361), REC 680 (in place of REC 240), and REC 680 (in place of any other 300-level elective). The student must receive permission from both the academic undergraduate and graduate advisors.