



**Transfer Advising Worksheet – Pathways  
A.S. in School Health Education at Borough of Manhattan Community  
College to B.S. in Health Education and Promotion, Option II at Lehman  
College**

**Effective Date:** Fall 2021

**Borough of Manhattan Community College:**

<b>Common Core</b>	
<i>Required Common Core – 14 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning <i>MAT 150 Introduction to Statistics (same as MAT 150.5)</i>	4
Life & Physical Sciences <i>BIO 425 Anatomy and Physiology I</i>	4
<i>Flexible Core – 19 credits</i>	
World Culture & Global Issues	3
U.S. Experience in Its Diversity	3
Creative Expression	6
Individual & Society	3
Scientific World <i>BIO 426 Anatomy and Physiology II</i>	4
<b>Total Common Core</b>	<b>33</b>
<b>Associate Degree Major Requirements Remaining as Advised</b>	
EDS 201 Adolescent Learning and Development EDU 202 Urban Schools in a Diverse American Society HED 110 Comprehensive Health Education HED 202 Drug Use in American Society HED 220 Human Sexuality HED 230 Consumer Health Survey HED 235 Nutrition for Health HED 302 Health Counseling	25
Program Electives (Choose at least 5 credits) EDU 201 Observing Children and their Development, <b>HED 201 Health Education and Exercise</b> , HED 210 Contemporary Health Issues, HED 211 Critical Health Topics & Issues, HED 240 First Aid, Safety and Cardio Pulmonary Resuscitation, HED 250 Stress: Awareness, Understanding, and Management, HED 260 Fitness & Cardiovascular Health, ECE 201 The Exceptional Child	5
<b>Total Associate Degree Major Credits</b>	<b>30</b>
<b>Total Program Credits</b>	<b>63</b>

**Lehman College:**

<b>College Option</b>	<b>Credits</b>
<b>Choose two of the following:</b> LEH 352 Studies in Literature LEH 353 Studies in the Arts LEH 354 Historical Studies LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	<b>6</b>
<b>Bachelor's Degree Major Requirements Remaining</b>	
<del>HSD 240 Nutrition and Health-</del> HSD 266 The U.S. Health Care Delivery System HSD 269 Fundamentals of Biostatistics for Health Professionals HSD 306 Epidemiology HEA 249 Foundations of Health HEA 267 Human Behavior and Health HEA 300 Introduction to Public Health <del>HEA 320 Health Counseling-</del> HEA 400 Program Planning and Evaluation HEA 437 Strategies in Community Health and Nutrition Education	24
<b>Option II – Community Health and Nutrition:</b> DFN 120 The Nature and Science of Food DFN 220 Foods, Society, and Health DFN 341 Nutrition Throughout the Life Cycle DFN 472 Field Experience in Community Nutrition <del>EXS 264 Introduction to Exercise Science – OR EXS 265 Behavioral Aspects of Physical Activity-</del> CHE 114 Essentials of General Chemistry Lecture CHE 115 Essentials of General Chemistry Laboratory <del>BIO 181 Anatomy and Physiology I-</del> <del>BIO 182 Anatomy and Physiology II</del>	16.5
<b>Remaining credits in the Lehman major</b>	<b>40.5</b>
<b>General Electives</b>	
Students should consult with an advisor when choosing elective courses to ensure the 60-credit Liberal Arts requirement is being satisfied.	<b>10.5</b>
<b>Total Credits Earned at Lehman College</b>	<b>57</b>
<b>Total Credits Transferred from BMCC</b>	<b>63</b>
<b>Total credits Required for Bachelor's degree at Lehman College</b>	<b>120</b>