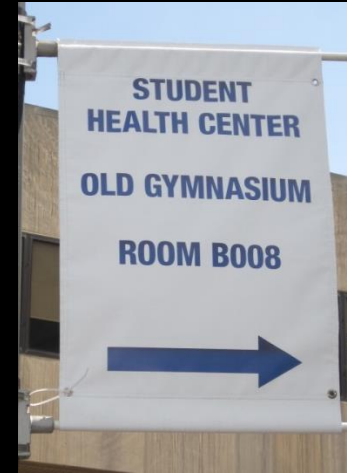
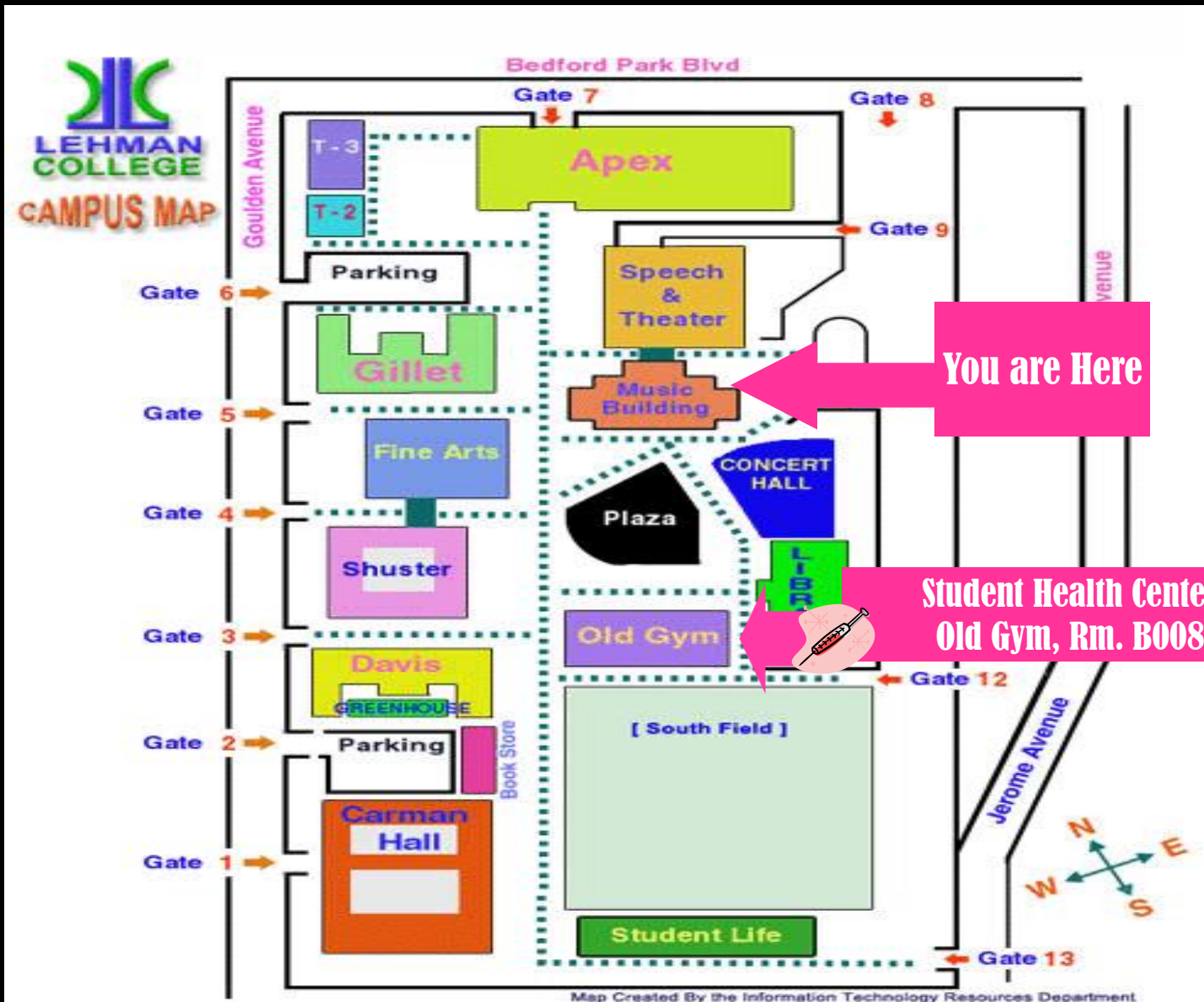


The Student Health Center...

A Review in Pictures



Here's where we're located



You are Here

Student Health Center
Old Gym, Rm. B008

Student Health Center Hours



Monday through Friday

9-5pm



Tuesdays

9-6:30pm

GYN Hours (by appointment)



Tuesdays

9:30-2:30pm



Thursdays

2-5pm

(hours are subject to change)




Our Health Center Staff



*That's me in my
Halloween
costume!*







Cindy Kreisberg's Bio

-  Health Center Director since 1997
-  Nationally-certified Physician's Assistant since 1981
-  Experienced in internal medicine, pediatrics & college health

This is Rosemary Weingarten, F N P,
our Women's Health Provider






Rosemary's Bio

-  Providing women's health services at the Health Center since May 2005
-  Maternity Nurse since 1984
-  Family Nurse Practitioner since 2004
-  Clinical Nursing Professor at Pace University.

*Our Medical Director,
Dr. Mark Polisar*



Dr. Polisar's Bio

-  Medical Director at Lehman since 2001
-  Board-certified Physician in Family Practice from Albert Einstein.
-  Attending physician with a faculty appointment with Montefiore Medical Center

*Mary Opfer,
our Registered Dietitian,
provides free Nutrition consultations*





Take advantage of our
Preventive Health Programs & Services



Here I'm giving a workshop on the importance of flu shots to nursing students



There's Rosemary conducting a class about Birth Control Options



There's the guy from the commercial
talking to students about
quitting smoking



Montefiore Medical Center came and gave a talk about safer sex



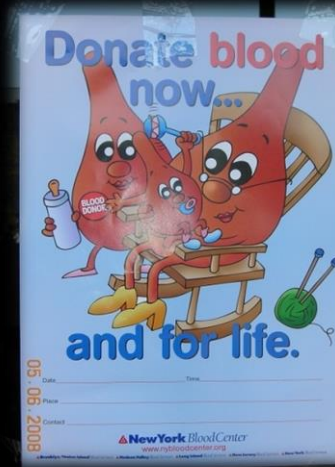
Mobile Health Vans come to campus to offer free screenings



Join us at our Annual Fall Health Fair



Lehman students love to help others by donating blood!



In fact, Lehman College won the
2007 Bronx Borough President's Award
for the most blood donations
by a college in the Bronx!



In 2011, we won the Bronx Borough President's Award for having the **second** most blood donations from a college in the Bronx
(Fordham beat us by 50 units!)

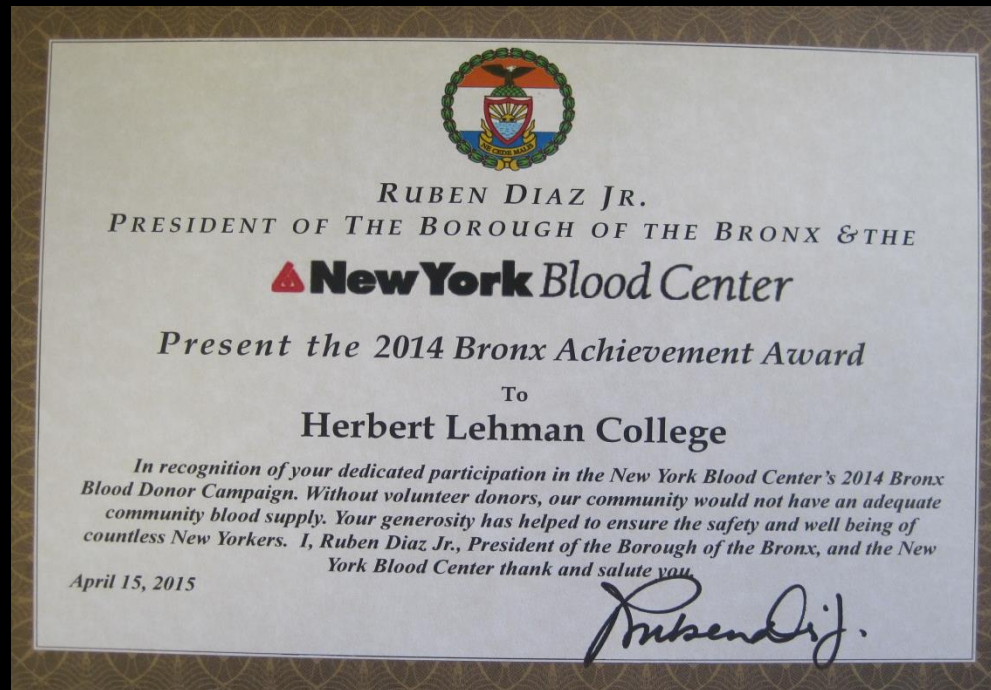


In 2012, we came in second again
(to SUNY Maritime!) with 405 donations.

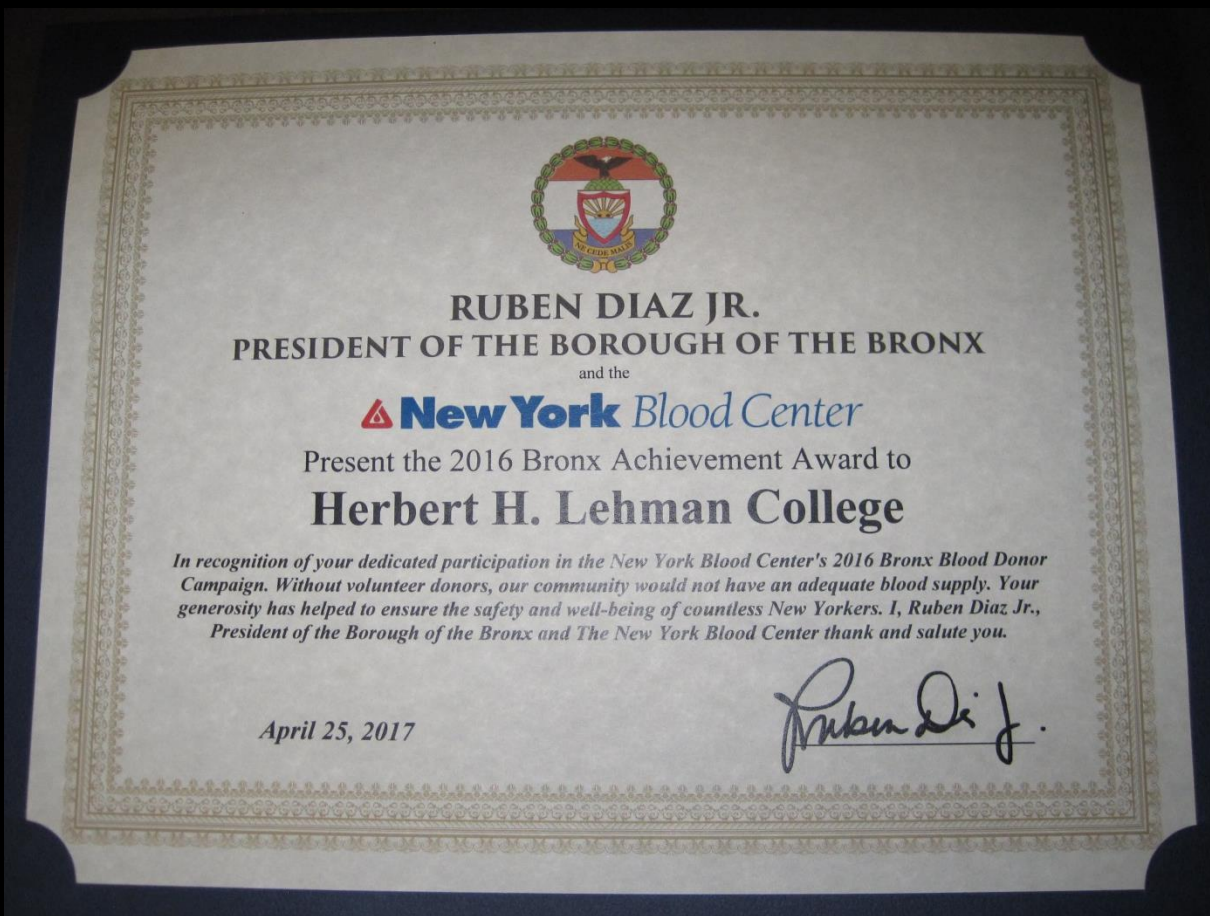


And in 2014.....

We won the Borough President's award
for the second time!



For 2016, we only came in third!



Get Health Insurance Assistance with Affordable Care Act



Mondays & Wednesdays
from 10-4pm

Free 20-minute OraQuick HIV Testing Monday & Tuesdays 12-4pm.



Free urine STD testing

Ladies: Tuesdays 9:30-2:30pm & Thursdays 2-5pm

Men: Tuesdays 11:30-1:30pm



Men's-Only Monthly Health Clinic
Tuesdays
from 11:30-1:30pm



We have lots of
clinical services, too!



Free Vaccinations

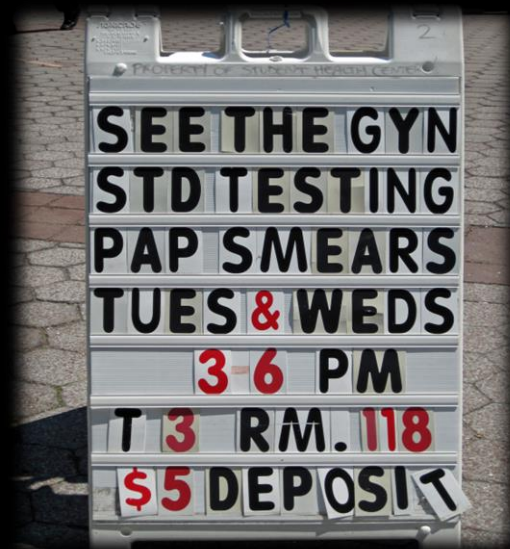
MMR, Hepatitis B, Tetanus (Tdap)



Free Flu Shots
(with your insurance)
for Students and Staff



Our GYN Examinations are free
PAP smear and STD tests are
covered by your insurance or are free



Low cost Birth Control, too!



NDC 0555-9045-58

Aviane™
(levonorgestrel and ethinyl estradiol tablets, USP)
0.10 mg/0.02 mg

Contents: One cyclic tablet dispenser of 28 tablets
Twenty-one orange tablets, each containing 0.10 mg levonorgestrel with 0.02 mg ethinyl estradiol and seven light-green inert tablets.

28 DAY REGIMEN
Rx only

THIS PRODUCT (LIKE ALL ORAL CONTRACEPTIVES) IS INTENDED TO PREVENT PREGNANCY. IT DOES NOT PROTECT AGAINST HIV INFECTION (AIDS) AND OTHER SEXUALLY TRANSMITTED DISEASES.

barr
WOMEN'S HEALTH™
Eaton Laboratories, Inc.

NDC 51285-769-93

Plan B
(LEVONORGESTREL)
tablets 0.75 mg

Rx only for age 17 and younger

Emergency Contraceptive

Reduces the chance of pregnancy after unprotected sex (ie, if a regular birth control method fails or after sex without birth control). Not Intended To Replace Regular Birth Control. Plan B® Should Be Used Only In Emergencies.

Take the first tablet as soon as possible within 72 hours of unprotected sex. The sooner you take the first tablet, the more effective Plan B® will be. Take the second tablet 12 hours later.







2 Levonorgestrel Tablets
0.75 mg each



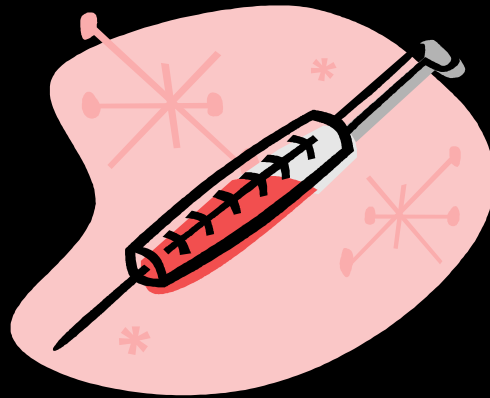
Nursing and Sports physicals are free
Employment and Internship Exams
are only \$25







We've got low cost
over-the-counter meds, too!

-  Tylenol, Motrin, Imodium
-  Claritin, Chlortrimeton
-  Sanitary supplies
-  Robitussin and Cough lozenges
-  Creams like Hydrocortisone, Bacitracin and
Oxy 10
-  **CONDOMS 10 FOR \$1.00!**

No Immunizations,
No Registration.



Immunization Facts for Registration

-  You can't register without first submitting your shot records to the Health Center
-  You can show proof with your vaccination card, high school or prior college's record or a doctor's report
-  You **must** complete the meningitis response form if you don't want the shot
-  MMR vaccinations are offered free at the Health Center

Introducing the new Student Health Portal!

The screenshot displays the Student Health Center website. At the top, a navigation bar includes a menu with items like 'General Information', 'Immunization Requirements', 'Clinical Services and Fees', 'Get Health Insurance', 'Women's Health Services', 'Men's Health Services', 'Wellness and Other Services', 'How to Find Us', 'Office Hours', 'Meet the Staff', 'FAQs', 'Health Information Web Sites', and 'Fun Web Health Quizzes'. Below this, a central content area is titled 'Immunization Requirements for Registration'. It features several green buttons for navigation: 'Intra-CUNY Transfer Students Only', 'New Students taking less than 6 credits', 'New Students taking more than 6 credits', 'New Students Born before January 1, 1957', 'I need a copy of my MMR and Meningitis Immunization Records', 'What do the NYS Public Health Laws require?', 'What if I can't access the Student Health Portal?', and 'Medical Requirements Form'. To the right, a sidebar contains links to 'Calendar of Events', 'GO ASK ALICE! Have a Question?', 'Wellness & Health Education Program', 'Counseling Center', and 'Division of Student Affairs'. The footer shows the URL 'http://www.lehman.edu/student-health-center/new-students-born-before-jan-1957.php' and the date '10:19 AM 5/10/2017'.

Lehman College - The Stud...
File Edit View Favorites Tools Help
Convert Select
GOLO for Life https--lehman.medicatco... Bloomin' Gardens - A free... Research Foundation of C... Lehman College - City Un... Medical Diagnostic Labor... At Lehman Lehman College - The Stu...
Page Safety Tools
M-F 9-5 & TU TILL 6:30
STUDENT HEALTH CENTER
LEHMAN
The Student Health Center
General Information
Immunization Requirements
Clinical Services and Fees
Get Health Insurance
Women's Health Services
Men's Health Services
Wellness and Other Services
How to Find Us
Office Hours
Meet the Staff
FAQs
Health Information Web Sites
Fun Web Health Quizzes
Take a Brief Virtual Tour
Nutrition Home
Immunization Requirements for Registration
Intra-CUNY Transfer Students Only
New Students taking less than 6 credits
New Students taking more than 6 credits
New Students Born before January 1, 1957
I need a copy of my MMR and Meningitis Immunization Records
What do the NYS Public Health Laws require?
What if I can't access the Student Health Portal?
Medical Requirements Form
Calendar of Events
GO ASK ALICE! Have a Question?
Wellness & Health Education Program
Counseling Center
Division of Student Affairs
Last modified: May 2, 2017
http://www.lehman.edu/student-health-center/new-students-born-before-jan-1957.php
10:19 AM 5/10/2017


Registration is Easy!

The screenshot shows a web browser window with the URL <https://lehman.medicalconnect.com/>. The browser's address bar and menu bar are visible. The page content includes a login/register section at the top with input fields for "User Name" and "Password", and buttons for "Login" and "Register". Below this is the Lehman College logo, which consists of a green shield with a white building icon and the text "LEHMAN COLLEGE" in blue. The main heading is "Welcome to Lehman College's Student Patient Portal". The page provides instructions for new users to register and for existing users to log in. A list of services available after logging in is provided, including submitting immunization records, obtaining copies, completing pre-visit forms, scheduling appointments, and secure email communication.

https://lehman.medicalconnect.com/

Welcome

User Name Password Login Register



Welcome to Lehman College's Student Patient Portal

If you have not already registered, please click on the "Register" button in the upper right hand corner. To begin, you will need to create a User Name, enter your email address, First Name and Last Name to create your account.

If you already registered, please enter your User Name and Password above and then click Login.

Once logged in, you'll have access to online services such as:

- Submitting your immunization records so you can register
- Obtaining a copy of your immunization records
- Complete your pre-visit forms
- Scheduling an appointment to be seen by a clinician (to be announced)
- Secure email communication with the Student Health Center (to be announced)

10:24 AM 5/10/2017

Complete then you get an email!

https://lehman.medicatconnect.com/login.aspx?task=R

Login

File Edit View Favorites Tools Help

Convert Select

GOLO for Life https--lehman.medicatco... Bloomin' Gardens - A free... Research Foundation of C... Lehman College - City Un... Medical Diagnostic Labor... At Lehman Lehman College - The Stu...

Page Safety Tools

To begin, you will need to create a User Name, enter your email address, First Name and Last Name to create your account.
You MUST use your preferred email address as shown on your CUNY First account.

Register

User Name

Email

First Name

Last Name

Birth Date

Submit

Already Registered?
[Login](#)

120% 10:25 AM 5/10/2017

Click the email link , set your password then click
Immunizations!

The screenshot shows a web browser window displaying the Lehman College MedicatConnect website. The browser's address bar shows the URL <https://lehman.medicatconnect.com/home.aspx>. The website header includes a navigation menu with links for [Home](#), [Immunizations](#), [Forms](#), [Messages](#), [Education](#), and [Upload](#). A user profile dropdown menu is visible, showing the name "Anna Testpatient" and a close button. The main content area features a large blue-bordered box with the following text:

If you wish to submit or obtain a copy of your immunization records, please start by clicking on the "**Immunization**" link above, then "**View History**".

If you need a **Medical Requirements** form, please click on "**Forms**" and print a copy.

If you have an appointment at the health center, you may save time by completing the health history electronic form found under "**Upcoming Appointments**".

Below the instructions, there is a "To Do List" section with three circular icons: a calendar, a pencil, and an envelope. The browser's taskbar at the bottom shows various application icons and the system clock indicating 10:31 AM on 5/10/2017.

Data enter and scan your records. Once verified, you will be able to print copies of your records!

lehman.mediatconnect.com/immunizationhistory.aspx

Print History

Required Complete ^

Meningitis Vaccine

mm/dd/yyyy

On File

Meningitis Vaccine received on 06/17/2016

Verified

MMR (Measles, Mumps, Rubella)

Dose 1 mm/dd/yyyy

Dose 2 mm/dd/yyyy

Submit

Alternates to Requirements Complete v

Overall Status: Verified

Enter one or all immunizations and then click the Submit button once.

Submit

120%

10:33 AM 5/10/2017

Check CUNY First
Look at your
"To Do" Box for "Holds"



In the near future, you will be able to make appointments, complete pre-visit forms and email your clinician!

https://lehman.medicatconnect.com/home.aspx

Home

File Edit View Favorites Tools Help

Convert Select

GOLO for Life https--lehman.medicatco... Bloomin' Gardens - A free... Research Foundation of C... Lehman College - City Un... Medical Diagnostic Labor... At Lehman Lehman College - The Stu...


HOME IMMUNIZATIONS FORMS Messages Education Upload

If you wish to submit or obtain a copy of your immunization records, please start by clicking on the "**Immunization**" link above, then "**View History**".


If you need a **Medical Requirements** form, please click on "**Forms**" and print a copy.

If you have an appointment at the health center, you may save time by completing the health history electronic form found under "**Upcoming Appointments**".


To Do List


Upcoming Appointments


You do not have any upcoming appointments.


Forms

You MAY have forms that need to be completed.


Messages

You have 0 unread message(s).


Uploads

You MAY have documents that need to be uploaded. Please click the Upload link to send us the documents.

120%

10:44 AM
5/10/2017

The Student Health Center now
has:



**ELECTRONIC
HEALTH RECORDS**
Efficiency while Maintaining Patient Safety

And, no one registers without getting past me!





'Cause I have a second degree Black Belt
in Tae Kwon Do!



So if you're feeling like this....

Come to the Student Health Center!



And we'll make you look like yourself again!

Cute kid!



Read Your Lehman Email!!

And you'll know what's happening at the Health Center

No HEALTH INSURANCE?



COME SEE MIRSA ON
WEDNESDAYS & THURSDAYS
FROM 11-4PM
STARTING AUGUST 31, 2011
@ STUDENT HEALTH CENTER, T-3,
ROOM 118

CHECK OUT OUR WEB SITE FOR THE
NEEDED DOCUMENTATION TO APPLY @
WWW.LEHMAN.EDU/STUDENTHEALTH
UNDER THE **GET HEALTH INSURANCE** LINK




Since you wanted more
HIV testing in July...

 Monday, July 26th 12- 4pm
Tuesday, July 27th 12-4pm
 Wednesday, July 28th 11-3pm

FREE 20 MINUTES ORA QUICK
NO APPOINTMENT NEEDED
STUDENT HEALTH CENTER
T-3 ROOM 118


LEHMAN COMMUNITY...

**DONATE BLOOD &
HELP SAVE LIVES!!!**



BLOOD DRIVES
TUESDAY & WEDNESDAY
September 20th & 21st
12-6PM, EAST DINING ROOM


What would you do if a loved one collapsed in
front of you?




- Panic
- Call 911 and then panic
- Call 911 and start CPR

Free By-Stander CPR Training
Monday, September 26, 2011
Thursday, October 20, 2011
1-2pm in the Aerobics Room in the Apex

Call the Student Health Center to reserve a space @ x8900.



All participants receive a mannequin, DVD and Book!
Sponsored by the Student Health Center



**Tuesdays &
Wednesdays**
1-6:30pm
Starting
September 7, 2010

Free exam and low cost (or no cost with health insurance)
Pap smear and STD testing.
Birth control pills, Plan B and other prescription medications are also
available at low cost.
A validated ID and a \$5 deposit are required to schedule an appointment.

**WOMEN'S HEALTH EXAMS AT THE
STUDENT HEALTH CENTER
T-3, ROOM 118**

For more information, check
out our web site at:

www.lehman.edu/studenthealth

Or call us @

(718) 960-8900