

Recreation Education, BS

Academic Plan: REC-BS
Program Code: 02593

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Recreation Education Degree. You and your advisor will use it, along with the program of study for your major (found in the [Lehman Bulletin](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

30

CUNY Common Core Credits

12

Lehman College Option Credits

40

Major Credits

12

Minor or Certificate Credits (recommended)

26

Elective Credits

LEGEND:

Course Abbreviation

Credits

Class Name

Blue: Lehman Core Requirement (LCR)
Requirement fulfilled

Green: Major Requirement

Gold: Elective, Minor, or Certificate

- see footnote

Underlined information is hyperlinked

FRESHMAN

FALL

ENG 111 English Composition I <i>Required Core – Communication</i>	3 CR
LCR <i>Required Core – Life and Physical Science</i>	3 CR
LCR <i>Flexible Core – World Cultures and Global Issues</i>	3 CR
MAT 104 (depending on your math placement) or Elective	3 CR
Elective LEH 100 (recommended) The Liberal Arts - Freshman Seminar	3 CR

SPRING

ENG 121 English Composition II <i>Required Core – Communication</i>	3 CR
LCR <i>Required Core – Quantitative Skills</i>	3 CR
LCR <i>Flexible Core - US Experience in Its Diversity</i>	3 CR
REC 300 History and Philosophy of Recreation	3 CR
Elective	3 CR

15 FALL CREDITS + 15 SPRING CREDITS = 30 CREDITS

SOPHOMORE

FALL

LCR Foreign Language I <i>Lehman College Option</i>	3 CR
LCR <i>Flexible Core – Scientific World</i>	3 CR
LCR <i>Flexible Core – Creative Expression</i>	3 CR
Elective	3 CR
Elective	3 CR

SPRING

LCR Foreign Language II <i>Lehman College Option</i>	3 CR
LCR <i>Flexible Core – Individual and Society</i>	3 CR
LCR <i>Flexible Core – Any area</i> ^[1]	3 CR
Elective	3 CR
Elective	3 CR

30 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 60 CREDITS

JUNIOR

FALL	
LCR <u>LEH 352, 353, 354, or 355</u> ^[2] <u>Lehman College Option</u>	3 CR
<u>REC 320</u> Recreation Leadership	3 CR
<u>REC 321</u> Introduction to Therapeutic Recreation Service	3 CR
<u>REC 325, REC 360 or EXS 264</u> ^[3] Based on chosen Subplan	3 CR
Elective	2 CR

SPRING	
LCR <u>LEH 352, 353, 354, or 355</u> ^[2] <u>Lehman College Option</u>	3 CR
<u>REC 387</u> Research and Evaluation in Recreation Service	3 CR
<u>REC 401</u> Administration of Recreation Services	3 CR
<u>REC 421, REC 361 or EXS 265</u> ^[3] Based on chosen Subplan	3 CR
<u>REC, REH, EXS, DNC, DFN, HEA, HSA, or HSD ###</u> ^[4] Recreation elective	4 CR

60 PRIOR CREDITS + 14 FALL CREDITS + 16 SPRING CREDITS = 90 CREDITS

SENIOR

FALL	
<u>REC 387</u> Research and Evaluation in Recreation Service	3 CR
<u>REC, REH, EXS, DNC, DFN, HEA, HSA, or HSD ###</u> ^[4] Recreation elective	4 CR
<u>REC 425, REC 422 or EXS 304</u> ^[3] Based on chosen Subplan	3 CR
Minor or Certificate I ^[5]	3 CR
Minor or Certificate II ^[5]	4 CR

SPRING	
<u>REC 370</u> Recreation Internship	4 CR
<u>REC 470</u> Senior Internship in Recreation	4 CR
Minor or Certificate III ^[5]	3 CR
Minor or Certificate IV ^[5]	3 CR

90 PRIOR CREDITS + 16 FALL CREDITS + 14 SPRING CREDITS = 120 CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] These are variable topics courses, where each section treats a special topic. Pre-requisite: You must have achieved 60 credits and declared your major.

Integration Courses: LEH 352: Studies in Literature, LEH 353: Studies in Arts, LEH 354: Studies in Historical Studies, LEH 355: Studies in Philosophy, Theory & Abstract Thinking. (LEH 351: Studies in Science & Applied Perspectives, is NOT a College Option for this Major).

[3] Select Sub Plan then follow course plan:

- Sub Plan 1 Therapeutic Recreation - [REC 325](#): Therapeutic Recreation in Long-Term Care, [REC 421](#): Programs in Therapeutic Recreation Service and [REC 425](#): Processes and Techniques of Therapeutic Recreation

- Sub Plan 2 Recreation Administration - [REC 360](#): Selected Topics in Recreation, [REC 361](#): Camp Leadership and Outdoor Recreation and [REC 422](#): Program Planning in Recreation

- Sub Plan 3 Exercise and Sport - [EXS 264](#): Physical Fitness and Exercise, [EXS 265](#): Behavioral Aspects of Physical Activity and [EXS 304](#): Coaching Sports

[4] Take any 8-credit course with Departmental Advisor approval from: [REC](#), [REH](#), [EXS](#), [DNC](#), [DFN](#), [HEA](#), [HSA](#), or [HSD](#).

[5] We strongly recommend clustering 12- 15 elective credits to obtain a minor or certificate that complements your general and major field of study. The choice of the minor or certificate depends on your interest and should be coordinated with advisors. Check out more information on Minors or Certificates with your advisor.

NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive, 3 prior to earning 60 credits and 1 following. These sections may be searched by class attribute and are offered in General Education, major, minor and elective courses.

[See other degree maps.](#)