

Macaulay Honors College

MHC Dietetics, Foods, and Nutrition, BS

Subplan Food Service and Culinary Nutrition

Academic Plan: MHCDFN-BS

Program Code: 60205

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Dietetics, Foods, and Nutrition Degree.

You and your advisor will use it, along with the program of study for your major (found in the [Lehman Catalog](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

30

CUNY Common Core Credits

9-18

Additional Macaulay Honors Requirements

12

Lehman College Option Credits

49.5

Major Credits

14

Minor or Certificate Credits (recommended)

0-5.5

Elective Credits

LEGEND:

Course Abbreviation

Credits

Class Name

Blue: Lehman Core Requirement (LCR) & Macaulay Honors College Requirement

Requirement fulfilled

Green: Major Requirement

Gold: Elective, Minor, or Certificate

- see footnote

Underlined information is hyperlinked

FRESHMAN

FALL

ENG 111 3 CR
English Composition I
Required Core – Communication

MHC 350 3 CR
The Arts in New York City
Fulfills *Flexible Core – Creative Expression*

LCR 3 CR
Flexible Core – World Cultures and Global Issues

LCR 3 CR
Foreign Language I
College Option - Foreign Language

MAT 104 3 CR
(depending on your math placement) or
Elective
Note: Macaulay Honors Advisement^[4]

SPRING

MHC 351 3 CR
The Peopling of New York City
Fulfills *Flexible Core – US Experience in Its Diversity*

CHE 114 and CHE 115 - LCR 4.5 CR
Essentials of General Chemistry –
Lecture & Lab
Required Core – Life and Physical Science

HSD 240 3 CR
Nutrition and Health

MAT 132 - LCR 4 CR
Introduction to Statistics Quantitative Skills
Required Core – Quantitative Skills

Note: Macaulay Honors Advisement^[4]

15 FALL CREDITS + 14.5 SPRING CREDITS = 29.5 CREDITS

SOPHOMORE

FALL

MHC 352 3 CR
Science and Technology in New York City
Fulfills *Flexible Core – Scientific World*

LCR 3 CR
Foreign Language II
College Option - Foreign Language

LSP ###/ MHC ### ^[7] 3 CR
Select one LSP/MHC Seminar

BIO 181 LCR 4 CR
Anatomy and Physiology I – Lecture & Lab
Flexible Core – Any area ^[1]

DFN 120 3 CR
The Nature and Science of Food
Note: Macaulay Honors Advisement^[4]

SPRING

ENG 121 3 CR
English Composition II
Required Core – Communication

MHC 353 3 CR
Shaping the Future of New York City
Fulfills *Flexible Core – Individual and Society*

BIO 182 4 CR
Anatomy and Physiology II – Lecture & Lab

DFN 220 4 CR
Foods, Society and Health – Lecture & Lab

Note: Macaulay Honors Advisement^[4]

29.5 PRIOR CREDITS + 16 FALL CREDITS + 14 SPRING CREDITS = 59.5 CREDITS

JUNIOR

FALL	
LCR Foreign Language III <i>College Option - Foreign Language</i>	3 CR
ACC 185 Principles of Accounting or Accounting for Non-Accounting Majors	3 CR
BIO 230 Microbiology – Lecture & Lab	4 CR
DFN 341 Nutrition Throughout the Life Cycle	3 CR
HSD 266 The U.S. Healthcare Delivery System	3 CR
Note: Additional Macaulay Requirements ^[5]	

SPRING	
Internship or Study Abroad or Elective ^[6]	3 CR
LSP ###/ MHC ### ^[7] <i>Select one LSP/MHC Seminar</i>	3 CR
DFN 330 Quantity Food Procurement, Production, and Service	3 CR
DFN 348 Nutrition in the Management of Disease	3 CR
Minor or Certificate I ^[3]	4 CR
Note: Additional Macaulay Requirements ^[5]	

59.5 PRIOR CREDITS + 16 FALL CREDITS + 16 SPRING CREDITS = 91.5 CREDITS

SENIOR

FALL	
Senior Year Option 1 or 2 ^[8]	3-6 CR
DFN 430 Management of Dietetic Services	3 CR
DFN 437 Nutrition Education and Counseling	3 CR
DFN 470 Dietetic Services Field Experience	2 CR
Minor or Certificate II ^[3]	4 CR

SPRING	
Senior Year Option 1 or 2 ^[8]	3-6 CR
LCR Foreign Language IV <i>College Option - Foreign Language</i>	3 CR
LSP ###/ MHC ### ^[7] <i>Select one LSP/MHC Seminar</i>	3 CR
Minor or Certificate III ^[3]	3 CR
Minor or Certificate IV ^[3]	3 CR

91.5 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = *120+ CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] These are variable topics courses, where each section treats a special topic. Pre-requisite: You must have achieved 60 credits and declared your major. Integration Courses: LEH 352: Studies in Literature; LEH 353: Studies in Arts; LEH 354: Studies in Historical Studies; LEH 355: Studies in Philosophy, Theory & Abstract Thinking {LEH 351: Studies in Science & Applied Perspectives, is NOT a College Option for this Major}

[3] We strongly recommend clustering 12- 15 elective credits to obtain a minor or certificate that complements your general and major field of study. The choice of the minor or certificate depends on your interest and should be coordinated with advisors. See information on available minors and certificates.

[4] Every Macaulay Honors student is required to meet with the Macaulay Honors Advisor prior to registration during their first four terms.

[5] Every Macaulay Honors student is required to complete a minimum of 30 hours of community service by their senior year.

[6] Every Macaulay Honors student is required to complete at least one (1) qualifying internship or study abroad experience. Students may fulfill this requirement with a paid, unpaid, and credit-bearing or non-credit bearing experience. In all instances, students must complete an MHC internship agreement form and subsequent internship evaluation, in order to be acknowledged for fulfilling this requirement.

[7] Every Macaulay Honors student is required to complete nine (9) credits in Upper Level honors courses (MHC or LSP). These courses can be taken at the Macaulay Honors College, which may require an ePermit (See Advisor). They may also be taken on campus by enrolling in an LSP Seminar.

[8] Macaulay Honors students may chose a Senior Option 1 or Senior Option 2 based on the following

Senior Option 1

Fall Semester: LSP ###/ MHC ### (select one LSP/MHC seminar)

Spring Semester: Honors in Major (Where offered) or LSP 481: Honors Tutorial

Senior Option 2

Fall Semester: LSP ###/ MHC ### (select one LSP/MHC seminar) and MHC 355: Research Seminar (Part 1

Spring Semester: MHC 355: Research Seminar (Part 2)

NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive, 3 prior to earning 60 credits and 1 following. These sections may be searched by class attribute and are offered in General Education, major, minor and elective courses.

**NOTE: Kindly speak with your Macaulay Honors advisor or Honors Program Director. For further information, kindly view the following link:*

<https://macaulay.cuny.edu/admissions/tuition-and-merit-scholarship/tuition-information/>

See other degree maps.